

マーケットバスケット方式による小児の食品添加物の一日摂取量の推定
(2009年度)

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Estimation of daily intakes of food additives in children using market basket method (2009)

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Abstract

Daily intakes of food additives such as colors, preservatives, sweeteners and food manufacturing agents for children (1-6 years) in Japan were estimated using market basket method. A list of daily consumption of processed foods was prepared based on the National Nutrition Survey (2001-2002) and National Health and Nutrition Survey (2003). The food additives with the highest daily intake was orthophosphoric acid (9.4 mg/kg bw/day, expressed as phosphorus), followed by condensed phosphoric acid (0.76 mg/kg bw/day, expressed as phosphorus), and propylene glycol (0.47 mg/kg bw/day).

Acceptable daily intake (ADI) and maximum tolerable daily intake (MTDI) set by the Joint FAO/WHO Expert Committee on Food Additives (JECFA) or Food Safety Commission of Japan were compared with the estimated daily intake of food additives in children. The ratio to ADI of the colors, preservatives, sweeteners and propylene glycol were 0~1.9%. The ratio to the MTDI of phosphorus compounds was 15%.

Keywords: マーケットバスケット方式、食品添加物、一日摂取量、一日摂取許容量、最大耐容一日摂取量
market basket method, food additives, daily intake, acceptable daily intake (ADI), maximum tolerable daily intake (MTDI)

I 諸言

食品添加物は食品の製造、保存、栄養強化などを目的と

して古くから利用されている。わが国で食品添加物を流通するためには、厚生労働省（厚労省）から食品安全委員会による食品健康影響評価を依頼し、その後、厚労省の薬事・食

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